

# FAMILY MATTERS

RAISING HOPE.

ONE FAMILY AT A TIME. <sup>SM</sup> ForKids

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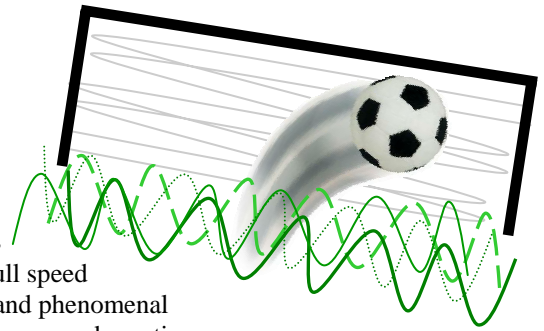
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## He Shoots... He Scores!

It's been six months since the ForKids Sports Program held its first basketball practice at US Navy base facilities, and it's been full speed ahead ever since. At the beginning of the year, Retired Admiral (and phenomenal Coach) Tom Steffens envisioned a program where our kids could come and practice basketball, soccer and tennis, but at the same time learn the value and importance of cooperation, discipline and communication. Since then, 16 kids (current and former residents), 15 volunteers and 5 community donors have been a part of making that vision a reality.

At the conclusion of an impressive first season, the first-ever ForKids Sports Banquet moved all who attended, as each child proudly received their team trophy and personalized jersey. During June and July, the hot summer sun has been relentless, but that hasn't stopped the kids of the ForKids Sports Program! Tuesday and Thursday mornings they can be found at Lafayette Park playing tennis and basketball with fantastic volunteers like ODU student Terence Holland. Volunteers have consistently given their time and talents for the kids and community involvement has sprung up in a variety of areas to offer vital support for the program's expansion.

For so many of the kids, the Sports Program and other ForKids activities are the only opportunities they have to leave their homes and participate in fun and enriching activities. One boy said that because of the violence in his neighborhood he doesn't leave the house unless someone from ForKids comes to get him. Unfortunately, that is too often the grueling reality that many ForKids children experience after leaving our residential programs. The Sports Program offers this young man and so many like him the chance to connect with his community and strengthens him mentally *and* physically for the challenges ahead.



### Sports Program Donors

- **Dr. Robert Case** of ODU donated tons of basketballs, volleyballs, tennis gear, soccer balls, and so much more!
- **Maynard Lee**, a Sports Program volunteer, took it one step further and now mentors two teenage boys once a week.
- **Peter Sheran** of Chesapeake's Premier Soccer, donated personalized jerseys for every participating child.

## And the award goes to...

After their first complete basketball season and who knows how many practices, Coach Tom honored his new team of athletes and their parents with the first official ForKids Sports Banquet. The coaches recognized the athletes' hard work and progress with their first trophy, a certificate of individual achievement and their very own team jersey. Each mom received a bouquet of flowers and everyone at the awards ceremony was filled with an enormous sense of pride and accomplishment. From sprints and lay-ups to teamwork and tolerance, our athletes have truly come a long way!



(l to r): David and Dante show us their sports "bling"; Octavia shows off her most athletic award; Coach Tom and Mrs. Sarah prepare for the awards ceremony; Tatianna, Dante, Ryan, Sean and Anthony with 100% attendance.

# Secret Password: I'm With ForKids

It's all the rage these days to be a part of ForKids. From becoming a member of our Board of Directors to dedicating your weekend to weeding and mulching at our emergency shelter, there are a million ways volunteer at ForKids. Everyone is finding a way to get involved and make a difference in their community and with the families we serve. Check out some of the latest and greatest additions to the ForKids team of volunteers.

## ODU's Theta Chi Fraternity, VOLUNTEER Hampton Roads Community Group Achievement Award



Old Dominion University's Theta Chi, our resident fraternity, won VOLUNTEER Hampton Roads Volunteer Achievement Award for their service activities and volunteer efforts with our families and programs.

## Nani Tosoc, United Way's Board Member of the Year

ForKids Board Member Nani Tosoc (pictured with past Board President Jennifer Rafferty) was honored as United Way's Board Member of the Year at their annual gala.

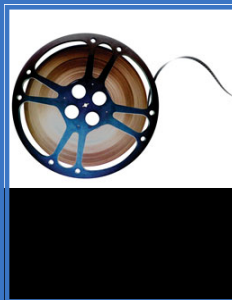


Marie A. Finch has been elected to our Board of Directors. Marie joins us after serving over 15 years with the Alison and Ella Parsons Foundation, of which she now serves as a member of their Donor Advised Committee at the Norfolk Foundation. Marie earned her undergraduate from Brown University and her law degree from University of Virginia School of Law. Marie lives in Norfolk with her husband, Paul Finch, and their two sons.

## Marie A. Finch, ForKids Board Member

## Lisa Smith, ForKids Board Member

Lisa B. Smith, the Executive Director of the South Hampton Roads Early Childhood Initiative, has just joined our Board of Directors. Before moving to Norfolk, she was the director of federal advocacy for MCI Inc. in Washington, D.C. and previously worked for the Federal Communications Commission. She earned her undergraduate from Wesleyan University in Middletown, Ct. and a law degree from Rutgers University School of Law. She and her husband, Maurice Jones, are parents of a preschooler.



## Tom Steffens, ForKids Board Member



RADM Thomas Steffens (Ret.) has taken on another role with ForKids, as a member of our Board of Directors. Tom first joined ForKids as the head coach in our Sports Program, which he was recognized by VOLUNTEER Hampton Roads with this year's Individual Achievement Award. A retired NAVY SEAL, Tom is now the Principle Technical Director for Homeland Security for General Dynamics. Tom and his wife, Ellie, have three children and they are both yoga enthusiasts.

## ForKids, inc. Board of Directors

Wendy McGrady, *President*  
Tidewater Community College

Dawna Ellis, *CPA, CCIM, 1st V.P.*  
NAI Harvey Lindsay Commercial  
Real Estate

Keith McGhee, *2nd Vice President*  
CACI, Inc.

Chuck Saunders, *CPA, Treasurer*  
Saunders and Matthews, PLLC

Sherron Hiemstra, *Secretary*  
Community Representative

Jennifer Rafferty, *Esq., ex-officio*  
*Past Board President*  
Titan America

Cathy Coleman  
Downtown Norfolk Council

Marie Finch  
Parsons Foundation Board

John Littel  
Amerigroup Corporation

Dr. John Lapetina, Jr.  
John B. Lapetina DDS  
Family Dental Care

Lisa Smith  
South Hampton Roads Early  
Childhood Initiative (SHRECI)

RADM Thomas Steffens, *Ret.*  
General Dynamics

Hernani Tosoc  
NASA Langley

Thaler McCormick, *Exec. Director*  
ForKids, inc.

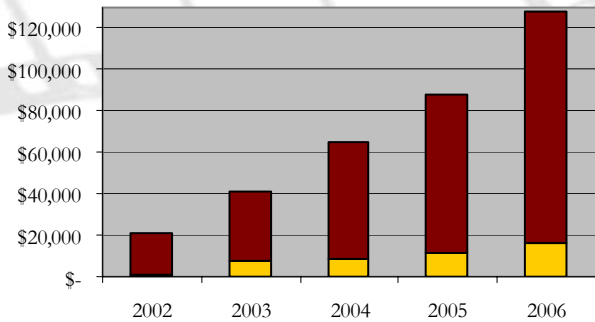
# Moving Pictures

ForKids and Paul Finch & Associates present  
The 5th Annual Children's Art Auc~



Going, Going, Sold!

The Growth of the Art Auction



- Money that goes directly to the ForKids families
- All Expenses for the Event and Preparation

How do you spell success? F-o-r-K-i-d-s Children's Art Auction. This year's art auction was record setting on so many levels — our first Title Sponsored auction (HUGE thanks to PF&A!), a record breaking \$4,000 for a piece of children's art, over 230 businesses donated their services or products for the event, and an impressive \$110,000 that will go directly to the services and families of ForKids!

The evening brought together over 400 guests who raised their bid paddles high in an effort to end local childhood homelessness. FM99's Tommy and Rumble kept the evening fun as emcees for the live auction as the crowd graciously opened their hearts and wallets. The evening ended in true Oscar style — with a moving performance by all the community supporters and everyone sharing in the mission of ForKids. That's a wrap!



From bottom left corner: Thaler McCormick and Auction Chair Brian Radford; Actors/volunteers showcase a Stanley Brundage original; Auction Sponsor Susan Pilato and Board Member Wendy McGrady; Auction bidders take it up a notch during the live auction; Chez Roue Orchette; 13-year-old William's record setting piece, "Brave"; Board Member Dawna Ellis and Associate Executive Director Marge House; guests take on the theme of the evening with Groucho Marx glasses and moustaches.

## Donor Spotlight

### Summer Camp Sponsors

- Boys and Girls Club
- ODU Sea Camp
- CACV Art Camp
- YWCA
- Chrysler Museum Art Camp
- Norfolk Academy Summer Programs
- Norfolk Botanical Gardens Summer Camp
- Zarro Acting Academy
- Camp Greenbrier, W.Va
- Camp Piankatank
- D'art Center Summer Programs
- Triple R Ranch Summer Camp
- SOFA Art Camp



Dante and Nagee spend a day at the Lynnhaven Pier fishing with Virginia Beach Chapter of the Coastal Conservation Association.

### Field Trip Sponsors

- Norfolk Tides game with the DNC's Downtown 100
- Jungle Golf at Virginia Beach
- Fishing trip with Members of the Ocean View Kiwanis
- A day at Hunt Club Farms
- A Day Sail on the American Rover, sponsored by Downtown 100 member, Tom VanBenschoten
- Fishing at the Lynnhaven Pier, sponsored by Coastal Conservation Association
- IMAX Superman at the Virginia Aquarium sponsored by Brian Radford of Hell's Kitchen
- An afternoon at The Virginia Living Museum

# Kickin' It with the Kids

## Busch Gardens in 5 Simple ForKids Steps

Who's afraid of the Big Bad Wolf? Not any of the ForKids kids! As a treat for finishing the end of the school year in good standing, our kids were rewarded with an all expenses paid trip to Busch Gardens Williamsburg.



1

Get your friends together (make sure you bring adults — someone has to pay for lunch!).

2

Make sure you hit every ride...in every country.



3

Get your Busch Gardens driver's license.

Practice your dance moves at Germany's Oktoberfest.

4



5

Take a well-deserved nap and have Mrs. Stacey take you home!

**Healthy Diet  
+ Exercise  
Good Grades?**

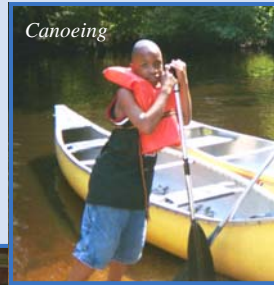
You betcha! **Proper nutrition enhances academic performance.** Recent studies have shown that eating a healthy breakfast can help a student raise scores on basic skills tests and reduce absenteeism (NASPE, Executive Summary, *Shape of the Nation* 2001).

Not only can you get good grades by eating right, but **increased physical activity leads to higher academic achievement.** A recent study has shown a correlation between the SAT-9 test results with fitness programs, indicating that the physical well-being of students has a direct impact on their ability to achieve academically. Students with the highest fitness scores also had the highest test

For more info:  
[www.actionforhealthykids.org](http://www.actionforhealthykids.org)

# Get Out and Get Active

Did you know that fewer than 25% of children get at least 30 minutes of physical activity each day (*International Life Sciences Institute, 1997*)? Summertime is the perfect time to get outside and try a new sport or sign up for a summer camp. Over 20 of our kids went to camp this summer and eight participated in the Summer Sports Program!



Canoeing



Swimming at the Haven



Triple R Ranch Camp



Three-legged races

**Sean's Top 3 Outdoor Activities**

1. Tennis
2. Triple R Ranch Summer Camp
3. Basketball



*Lovin' The Luau*  
...wish you were here

Pineapples, limbo sticks, piñatas, face painting and Hawaiian tunes. What more could you want in a luau? We celebrated the end of the school year with a cool and le'ale'a (that means "fun" in Hawaiian) luau at the Haven. It was awesome!  
- the ForKids Kids



**Capri's Top 3 Luau Dishes**

1. Pineapple
2. Cake
3. Crunch n' Munch

# Summer Donors & Volunteer Highlights

Ron and Sharon Agresta  
Alpha Delta Kappa

Sandie and Jack Davis  
Dr. & Mrs. J. Donald De Ciero

Jeff and Mary Ellen Kroll  
Lakeview Medical Center  
Bill and Ann Matson  
Michael McCabe, Jr.  
Nat and Thaler McCormick  
Joann McGinn Ttee  
Wendy McGrady  
Mike and Caroline McCartney  
Miles Memorial Methodist  
More Than Conquerors Church  
Sheila and Richard Morris  
Doris Moyer  
Jon Mumma and Joy Learn  
NAI Harvey Lindsay  
Norfolk Academy  
Norfolk Sunrise Rotary Club  
Mr. & Mrs. O'Quinn  
Mildred Oliver  
James and Judith Olver  
Evelyn Osborne  
Parish of the Holy Spirit  
Kathleen Pearce

Mr. & Mrs. Grant Shaw  
Select Comfort of MacArthur  
Gloria and Thomas Southard  
Peter and Margaret Squicciarini  
Mark Steiner



Norfolk Southern's Thoroughbred Volunteers rolled up their sleeves and got dirty on Join Hands Day at Haven House.



Our spring break mission group from Texas gave themselves a paint makeover, as well as our apartments at Elizabeth Place.

Leila Anderson  
BAE Systems  
Sara H. Ballenger  
Bank of America  
BayView Senior Citizens Club  
Bayview United Church of Christ  
Mauricio Blondet  
Myra Brooks  
Brutti's of Portsmouth  
Ms. Anne Bugg  
William C. Bunch  
Stephen and Catherine Buski  
Bill and Marianne Campbell  
Adeline and James Campbell  
Edward Carr  
Marie Cassidy  
Cavanaugh Truck Service  
Karen and Tom Chipok

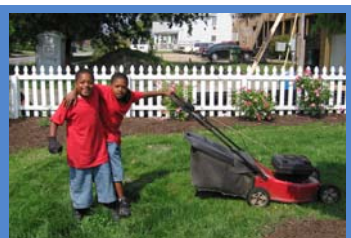
Downtown Norfolk Council  
Wayne and Cheryl Dunn  
Dawna Ellis  
Episcopal Church of the Advent  
Farm Fresh Charitable Foundation  
Julie Fetterly  
Food Lion Charitable Foundation  
Paul and Elizabeth Fraim  
Dr. and Mrs. John Furr  
Capt. and Mrs. Carl Gatje  
Marcia and Greg Geisert  
Richard Wells Gresham  
Barbara Gornto  
Linda and James Hammond  
Fern F. Harris  
Edward and Joan Hart  
David Hausmann  
Bob and Susan Hausmann  
Edward and Thelma Haycox  
Joe and Barb Heckel  
Constance and Walter Hoff  
Holy Trinity Catholic Church  
Bob and Kit Howard  
Teresa Hughs  
Mark and Claire Jacobs  
Karen Jaffe  
Kendra Jo Jarrell  
Deborah and Kirk Joy  
Scott Joy  
David Judd  
Kaufman Fund  
Elizabeth Kessler  
Olga Kingry  
Barbara and John Kingry  
Kiwanis Club of Ocean View  
Frances Knudson



Downtown Norfolk Council's **Downtown 100** has signed on for a **third** year as a "Hot Meals & Homework" partner.

Mark and Renee Pendleton  
Jennifer and Victor Perrotti  
The Patricia and Douglas Perry Foundation  
Mark Piland  
Brian Radford  
Jennifer Rafferty  
Mark and Sandra Raker  
Ms. Carol B. Rosenblatt  
Rotary Club of Hampton Roads  
Rosemond Runyan  
Sacred Heart Church  
Cynthia Schmid  
Douglas Sandor  
Wayne Sawyer  
Bette and Paul Schember  
Glenn Scott  
Second Presbyterian Church

Carl B. Sterzing  
Janet Stokley  
Submarine Officers Spouses  
Surplus Electrical Innovations  
Beverly Sweeney  
Pamela and Daniel Tate  
Janice Thaler  
The Granby Theater  
Tidewater Lutheran Women's Missionary League  
Joseph Trost  
Irene Ullman  
Mrs. Grace VanDerveer  
Virginia Beach Foundation  
Neil and Pat Walsh  
Julie and Doug Waltz  
The Virginian Pilot  
Sam and Kathleen Whitson  
Arlene Wolin



Boys to Men — Even our kids came out on Join Hands Day to get the job done!

Christ United Methodist Church  
Betty Cloud  
Julia Lee Cloud  
Rick and Jane Coradi  
Rob Cross  
David and Jeanne Currie



Who doesn't love the smell of fresh mulch in the morning? Students from **Norfolk Christian** lend their landscaping skills to a day of gardening at Elizabeth Place.

**Artist Donors**

Andrea Hartman  
 Andy Richardson  
 Anne May  
 Caroline McGrann  
 Corey McGinnis  
 Daphne Wolfe  
 Darren and Marcy King  
 Dianna Hawkins  
 Eleanor Powell  
 Ellen Sinclair  
 Gene Jones  
 George Tussing

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 Bella Designs  
 Bella Monte  
 Ben & Jerry's  
 Blue Hippo  
 Blue Ridge Balloon  
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Note to Self:  
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A HUGE thank you to **Jones Printing Services** of Chesapeake for donating their services and printing our newsletter in FULL color this quarter!

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ForKids provides families with housing and comprehensive services to foster permanent, positive family development leading to self-sufficient futures. We are passionately committed to ending the cycle of homelessness for children in South Hampton Roads.

## Look Who's Coming to Dinner!

Churches, Civic Groups and Restaurants are **desperately needed** to provide a balanced dinner for five families once a month during the school year.

*Each year over 2,500 kids in Hampton Roads are homeless. 100% of them risk academic failure.*

ForKids is closing this gap, 10 kids at a time with "Hot Meals & Homework."

Please call Sarah Sterzing at 757-622-6400 if you can provide a hot meal or to learn other ways to support our programs.



If you have received our newsletter in error, or have received more than one copy, please notify us at our Colley Avenue administrative office, 757.622.6400.